



Branford Youth Basketball

Recreation Division Rules / 2023-2024

GRADE(s): 2 & 3 BOYS & GIRLS

- No pressing
- No foul shooting. You don't keep fouls but talk to the kids about too many fouls and what happens.
- Warm up and then have four (4) 8-minute quarters with 3-minute half time.
- The game will be stopped at approximately the 4-minute mark of each quarter for substitutions.
- Coaches need to use a rotation chart for the entire game. Make sure ALL kids are getting equal playing time.
- Man to man defense, NO double teaming, and NO zones.
- Stop game (coaches) for traveling, double dribbling, and fouling shooters. Player keeps the ball. Instruct the player(s) what they did wrong.
- The last few weeks when committing a violation, they lose the ball.
- Scores are not kept in 2nd and 3rd grade recreation basketball
- Lower rims to 8 feet.
- Can't play defense until the offense gets to the 3-point line. Offense cannot kill the clock when winning and time is running out
- Once you get the rebound you can push the offense up the court. You don't have to wait until defense is set.

SUBSTITUTION PATTERN GRADE(s): 2 & 3

9 Player Rotation

Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8
1	6	2	7	3	8	4	9
2	7	3	8	4	9	5	1
3	8	4	9	5	1	6	2
4	9	5	1	6	2	7	3
5	1	6	2	7	3	8	4

8 Player Rotation

Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8
1	6	3	8	5	2	7	4
2	7	4	1	6	3	8	5
3	8	5	2	7	4	1	6
4	1	6	3	8	5	2	7
5	2	7	4	1	6	3	8



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7 Player Rotation

Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8
1	6	4	2	7	5	3	1
2	7	5	3	1	6	4	2
3	1	6	4	2	7	5	3
4	2	7	5	3	1	6	4
5	3	1	6	4	2	7	5

6 Player Rotation

Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8
1	6	5	4	3	2	1	6
2	1	6	5	4	3	2	1
3	2	1	6	5	4	3	2
4	3	2	1	6	5	4	3
5	4	3	2	1	6	5	4

**YOUTH
 BASKETBALL**